

Nightly Review Questions	Chronological of Today's Event's
1. How was I Resentful (if so, do 4 column inventory)	
2. How was I selfish? (i.e.; egotistical, self-seeking)?	
3. How was I dishonest?	
4. How was I afraid?	
5. Do I owe an apology?	Who did I help today?
6. Have I wrongly kept a secret?	
7. Was I unkind? (i.e.; cruel, harsh, unfeeling)?	What did I accomplish today?
8. Was I unloving? (cold, unresponsive, indifferent)?	
9. What could I have done better?	What am I grateful for today?
10. Was I thinking of myself most of the time?	Who Needs My Love Today?
11. Was I thinking of what I could do for others?	Who needs my prayers today?
12. Was I Thinking of what I could pack into the stream of life?	I am trying to live each day of my life to the fullest and enjoy everything that God has given me for today!

But we are careful not to drift into worry, remorse, or morbid reflection, for that would diminish our usefulness to others. After making our review we ask God's forgiveness and inquire what corrective measures should be taken if any.

We say a prayer: "God please forgive me for my failings today. I know that because my failings I was not able to be as effective as I could have been for you. Please forgive me and help me live thy will better tomorrow. Father, I ask that you now show me how to correct the errors I have just outlined. Guide me and direct me. Please remove my arrogance and my fear. Show me how to make my relationships right, and grant me the humility and the strength to do thy will, Amen.

Reflections on the Day